

Family Conversation Starters



What is your favorite color and how does it make you feel?



What is your favorite food? Why do you like it?



What would a perfect day look like for you?



What is your favorite animal and why do you like it?




What was the best part of today?



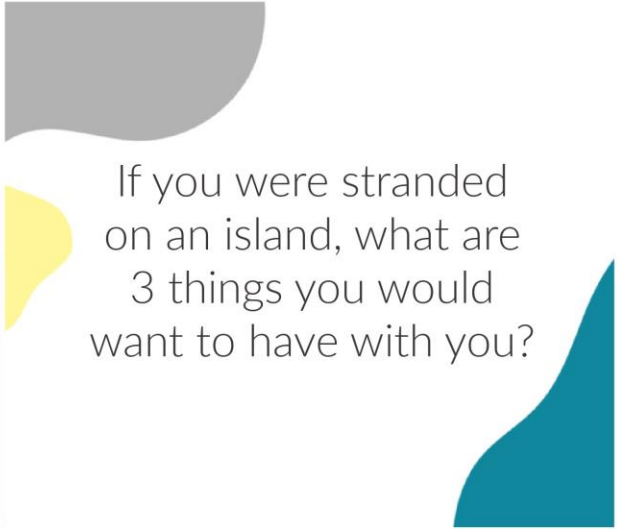
What is your favorite sound?



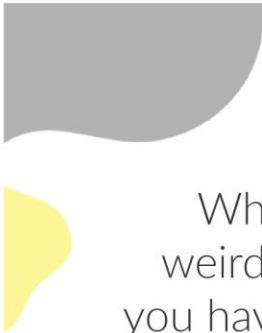
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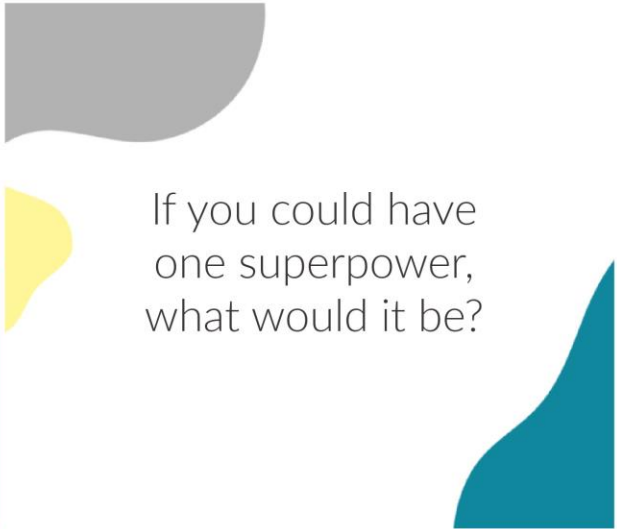
What is your first memory? How does it make you feel?



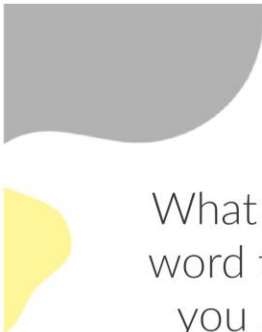
If you were stranded on an island, what are 3 things you would want to have with you?



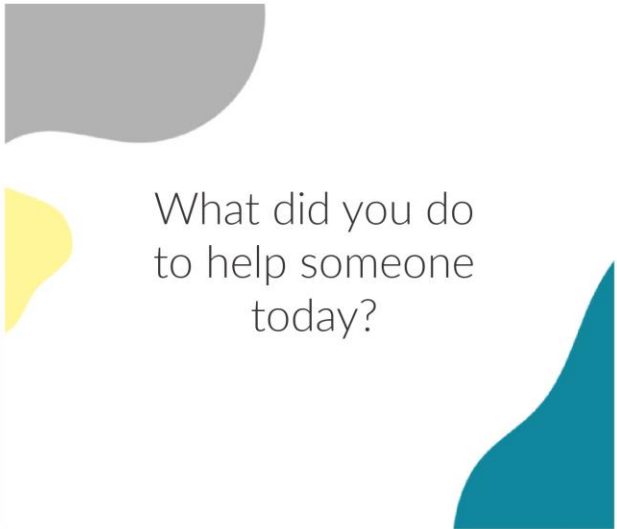
What is the weirdest dream you have ever had?



If you could have one superpower, what would it be?

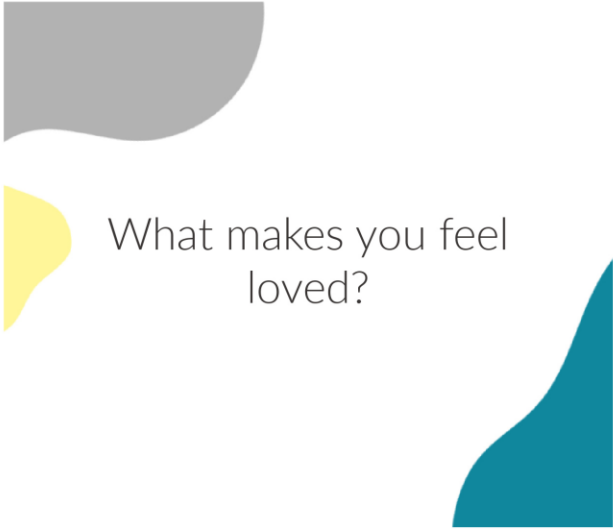


What is the best word to describe you and why?




What did you do to help someone today?

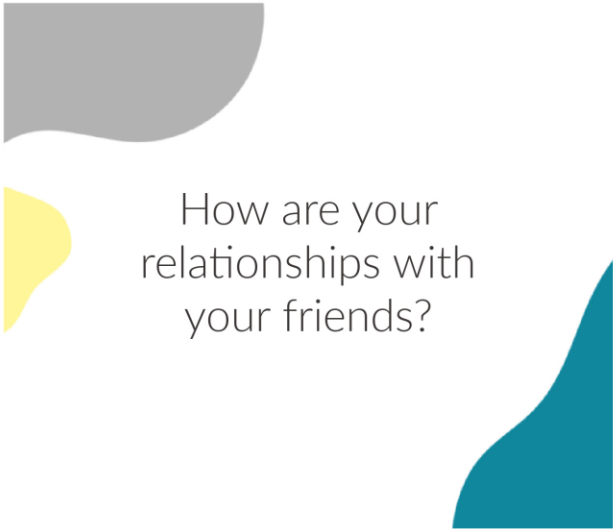
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What makes you feel loved?




What made you laugh today?




How are your relationships with your friends?



What is something that you are struggling with right now?



What is the best word to describe you and why?



Have you ever broken a promise? What happened?

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What helps you when you feel sad?



What is something in the world you want to change?



What do you hope people say about you?



What is the best book you have ever read?

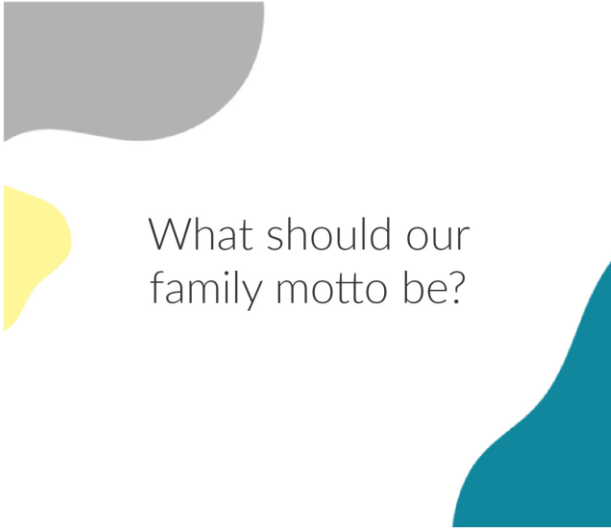


What are you really good at?

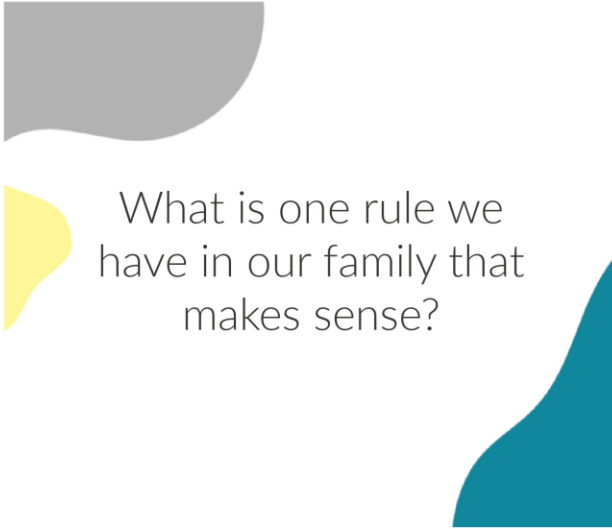


Do you prefer alone time or time with friends?

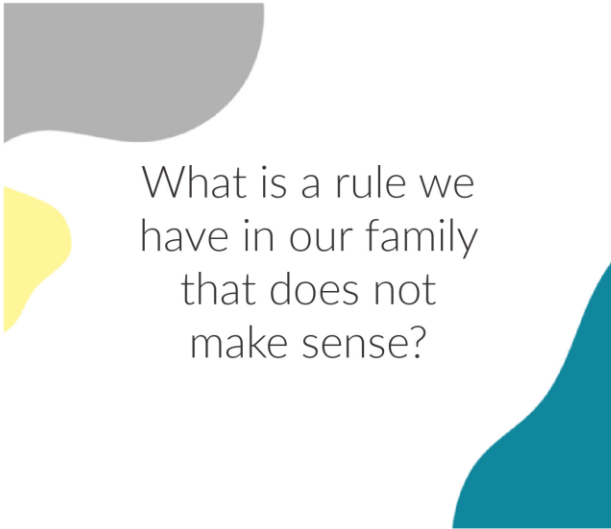
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What should our family motto be?



What is one rule we have in our family that makes sense?




What is a rule we have in our family that does not make sense?



What do you wish we did more of as a family?



What is your favorite family tradition?



What can we do to make our family stronger?